

# Thermalization in the XYZ Spin Chain immersed in a Weak Magnetic Field

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## ABSTRACT

We study, using exact diagonalisation methods, the thermalisation of a 2-site subsystem in a non-integrable 12-site XYZ spin chain immersed in a weak magnetic field. In particular, we investigate the existence of a steady state, decoherence, the existence of a canonical thermal state, and the relaxation dynamics of this 2-site subsystem.

## MODEL AND THEORETICAL FRAMEWORK

We use as a model system the XYZ spin-1/2 chain coupled to a weak magnetic field, with a Hamiltonian  $H = H_S + H_B + \lambda V$ .

$$H_S = J_S \sum_{\alpha=x,y,z} J_\alpha S_1^\alpha S_2^\alpha - h \sum_{i=1}^2 S_i^z, \quad (1)$$

$$H_B = J_B \sum_{i=3}^{N-1} \sum_{\alpha=x,y,z} J_\alpha S_i^\alpha S_{i+1}^\alpha - h \sum_{i=3}^N S_i^z, \quad (2)$$

$$\lambda V = \lambda \sum_{\alpha=x,y,z} J_\alpha (S_N^\alpha S_1^\alpha + S_2^\alpha S_3^\alpha), \quad (3)$$

**Notation** -  $H_S$  and  $H_B$  describe the decoupled subsystem and bath respectively.  $\lambda V$  couples the subsystem and bath with a coupling strength  $\lambda$ . Eigenvalues and eigenstates of  $H_S$ ,  $H_B$ , and  $H$  are denoted  $E_s$  and  $|s\rangle_S$ ,  $E_b$  and  $|b\rangle_B$ ,  $E_A$  and  $|A\rangle$  respectively.  $h = 0.4J$ ,  $J_S = J$ ,  $J_B = 1.1J$ ,  $J_x = 1.0$ ,  $J_y = 2.0$ ,  $J_z = 3.0$ , unless stated otherwise.

► For times  $t < 0$ ,  $\lambda = 0$  (bath and subsystem decoupled). Eigenstates of system are  $|sb\rangle = |s\rangle_S \otimes |b\rangle_B$ . System prepared in a separable initial state - subsystem (bath) state constructed from  $|s\rangle_S$  ( $|b\rangle_B$ ). Choose this initial state  $|\Psi(t=0)\rangle$  within a narrow energy window centred at an  $E_0$  away from edges of spectrum. High density of states needed.

► Local quench at  $t = 0$  by coupling subsystem and bath with  $\lambda V$ . Evolve system under full  $H$  now:  $|\Psi(t)\rangle = e^{-iHt} |\Psi(0)\rangle$ .

► Reduced density matrix (RDM) of subsystem by tracing out bath states from full density matrix:

$$\rho(t) = \text{Tr}_B |\Psi(t)\rangle \langle \Psi(t)| \\ = \sum_{A,B,b} \exp(-i(E_A - E_B)t) \langle A | \Psi(0) \rangle \langle \Psi(0) | B \rangle \langle b | A \rangle \langle B | b \rangle \quad (4)$$

**Link to Eigenstate Thermalization Hypothesis** -  $\langle A | \Psi(0) \rangle$  non-zero only within chosen energy window. High density of states within this window suppresses regularity/periodicity in time evolution, yielding a steady state in the strong sense (no time averaging). Assume projections onto subsystem energy basis  $\sum_b \langle A | sb \rangle \langle sb | A \rangle$  weakly dependent on  $|A\rangle$  within window.

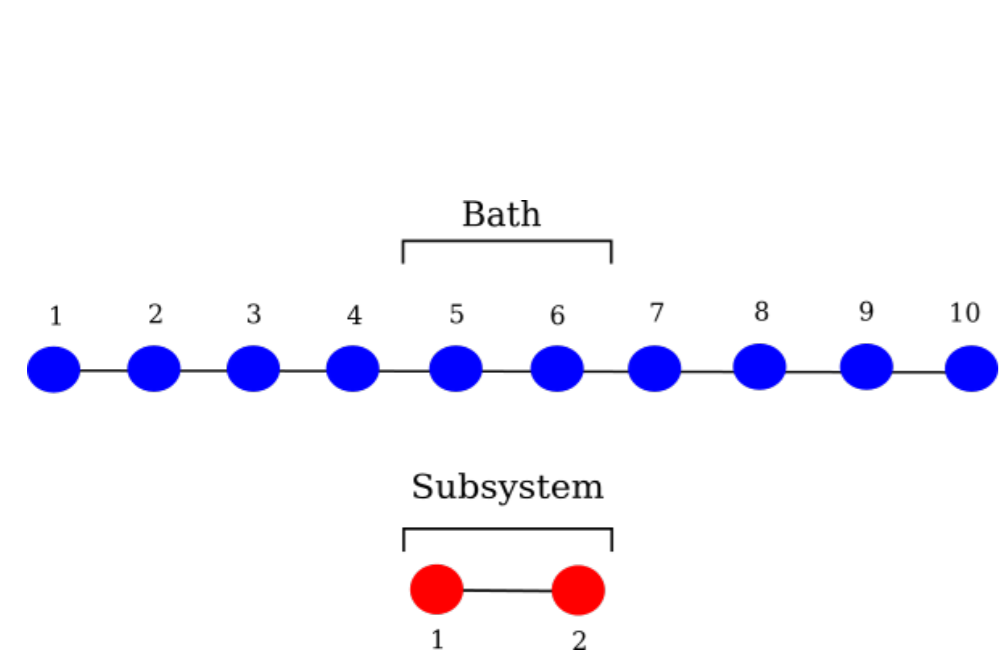


Figure 1: For times  $t < 0$

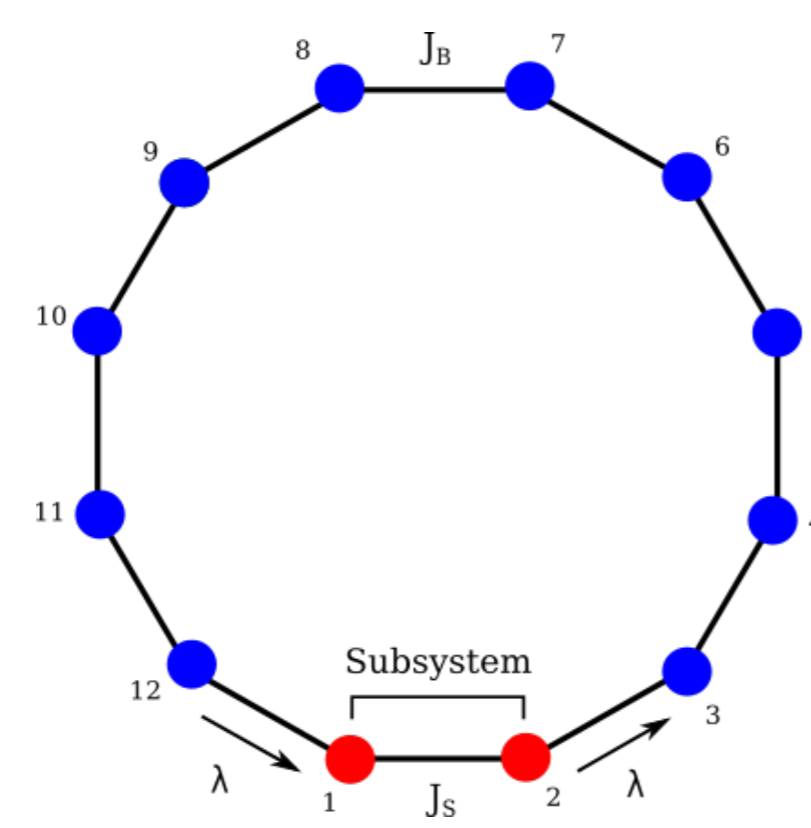


Figure 2: For times  $t > 0$

## DECOHERENCE AND EQUILIBRATION

Diagonal subsystem steady states in eigenbasis of  $H_S$  for subsystem-bath couplings  $0.05J \leq \lambda \leq 3.5J$ . Split peaks in density of states for larger  $\lambda$  - strongly interacting spins at chain links are effectively decoupled with energy scale proportional to  $\lambda$ .

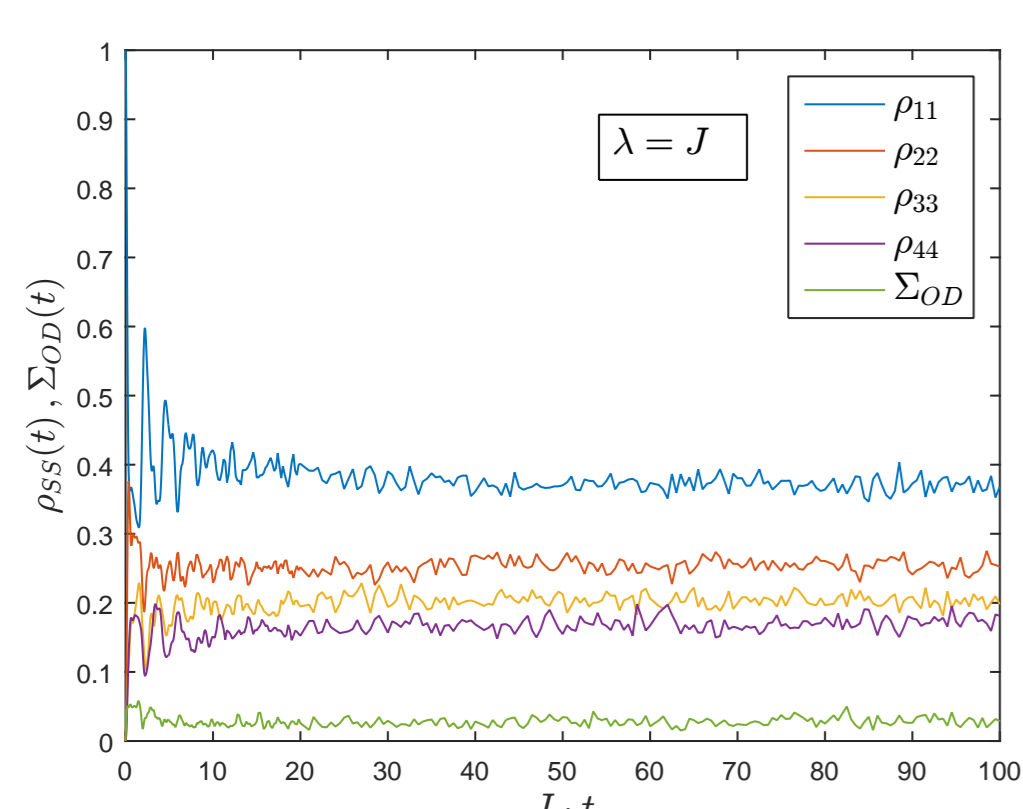


Figure 3: Steady state with decoherence for  $\lambda = J$ , initial subsystem state  $\rho(0)_{11} = 1$

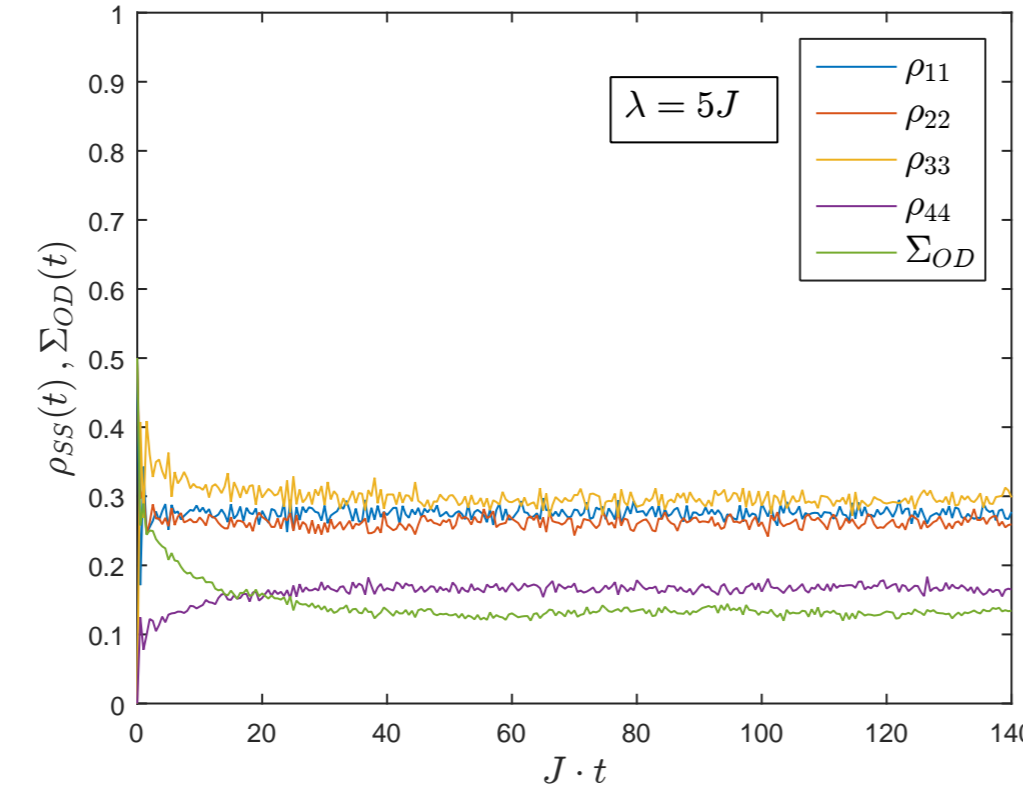


Figure 4: Steady state without decoherence for  $\lambda = 5J$ , initial subsystem state  $\rho(0)_{11} = \rho(0)_{22} = \rho(0)_{12} = 0.5$

In results above, initial bath state is an equal-weights superposition of bath eigenstates ( $|b\rangle$ ) in energy window centred at  $E_b = -0.75J$  with a full width  $\delta_b = 3J$ . We quantify coherence (off-diagonal elements) using the measure:

$$\Sigma_{OD}(t) = \sqrt{\sum_{s < s'} |\rho_{ss'}(t)|^2} \quad (5)$$

## FUTURE WORK

► Introduce disorder (randomise spin-spin couplings or site-dependent coupling to external magnetic field) to realise a many-body localised (MBL) phase. Study statistics of level spacings to see difference from corresponding Wigner-Dyson statistics in thermalising systems. Also check for logarithmic growth in time of entanglement entropy in the MBL case.

## RELAXATION DYNAMICS

The initial state of the subsystem is prepared in an eigenstate of  $H_S$  - in this section, the ground state  $\rho_{11} = 1$ . We see 3 regimes of relaxation - **(A)** Exponential decay of initial state occupation probability  $\rho_{11}$  for perturbative  $\lambda \leq 0.2J$  **(B)** Gaussian decay for large, non-perturbative  $\lambda \geq 1.2J$  **(C)** A crossover regime for intermediate values of  $\lambda$  where decay is Gaussian for short times and exponential for long times.

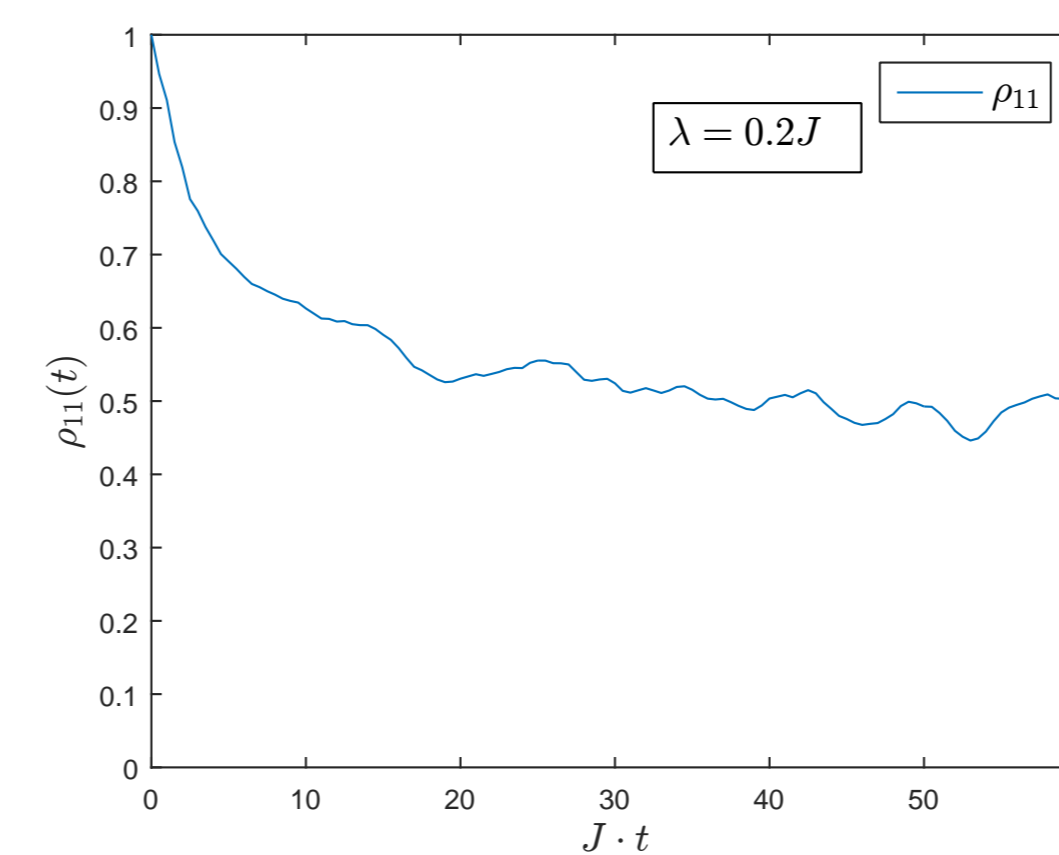


Figure 5: Exponential decay of  $\rho_{11}(t)$  for  $\lambda = 0.2J$ .

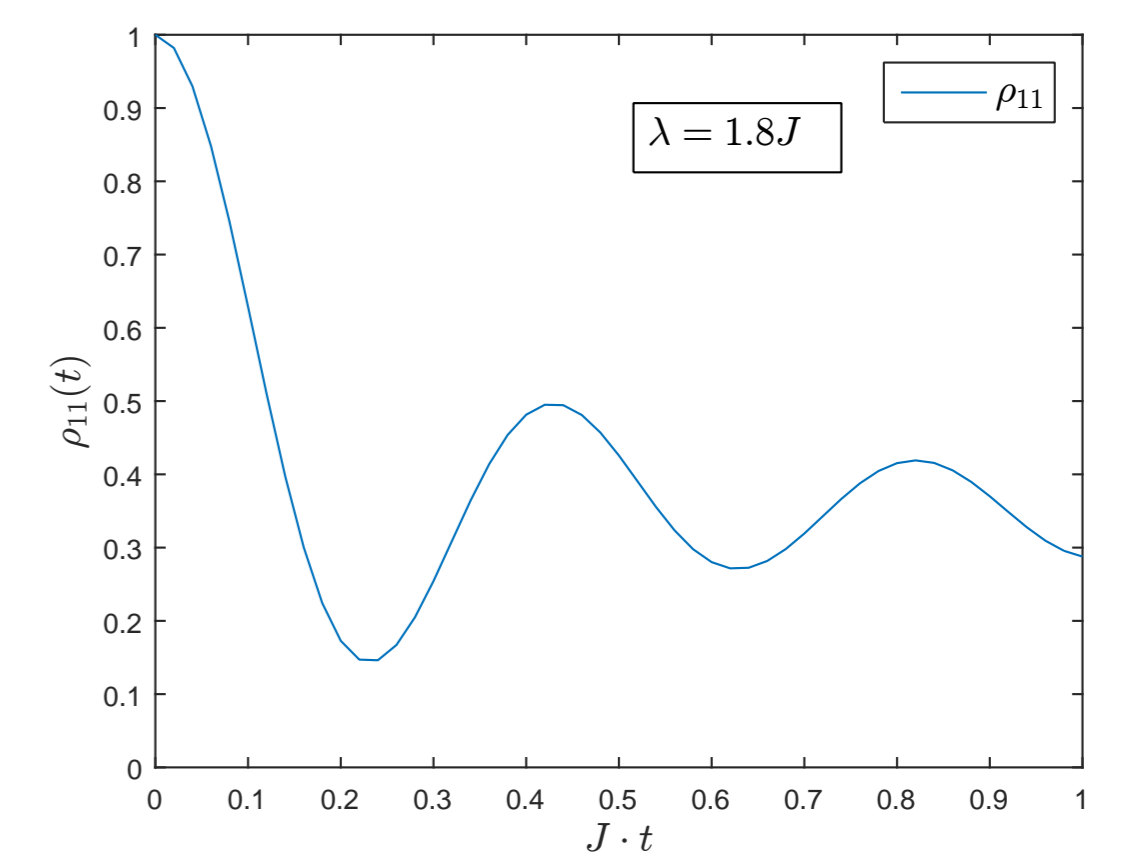


Figure 6: Gaussian decay of  $\rho_{11}(t)$  for  $\lambda = 1.8J$ .

In results above, initial bath state is an equal-weights superposition of bath eigenstates ( $|b\rangle$ ) in energy window centred at  $E_b = -0.75J$  with a full width  $\delta_b = 3J$ . Decay rates in the exponential regime scale exponentially with  $\lambda$ , contrary to results in random matrix models [3], Fermi-Hubbard ring [1], and spin chains in the absence of external magnetic field [4]. Gaussian decay rates scale linearly with  $\lambda$ , similar to results of [3, 1, 4].

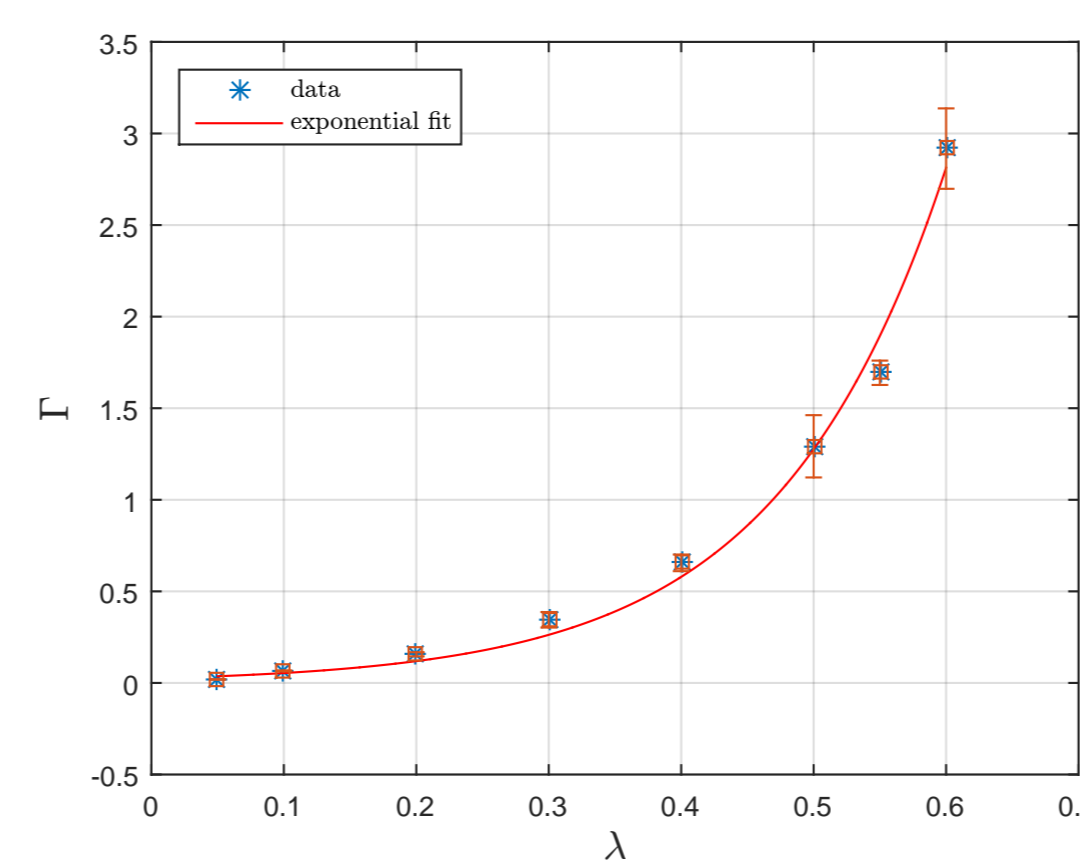


Figure 7: Decay rate  $\Gamma$  of  $\rho_{11}(t)$  in the exponential regime as a function of  $\lambda$

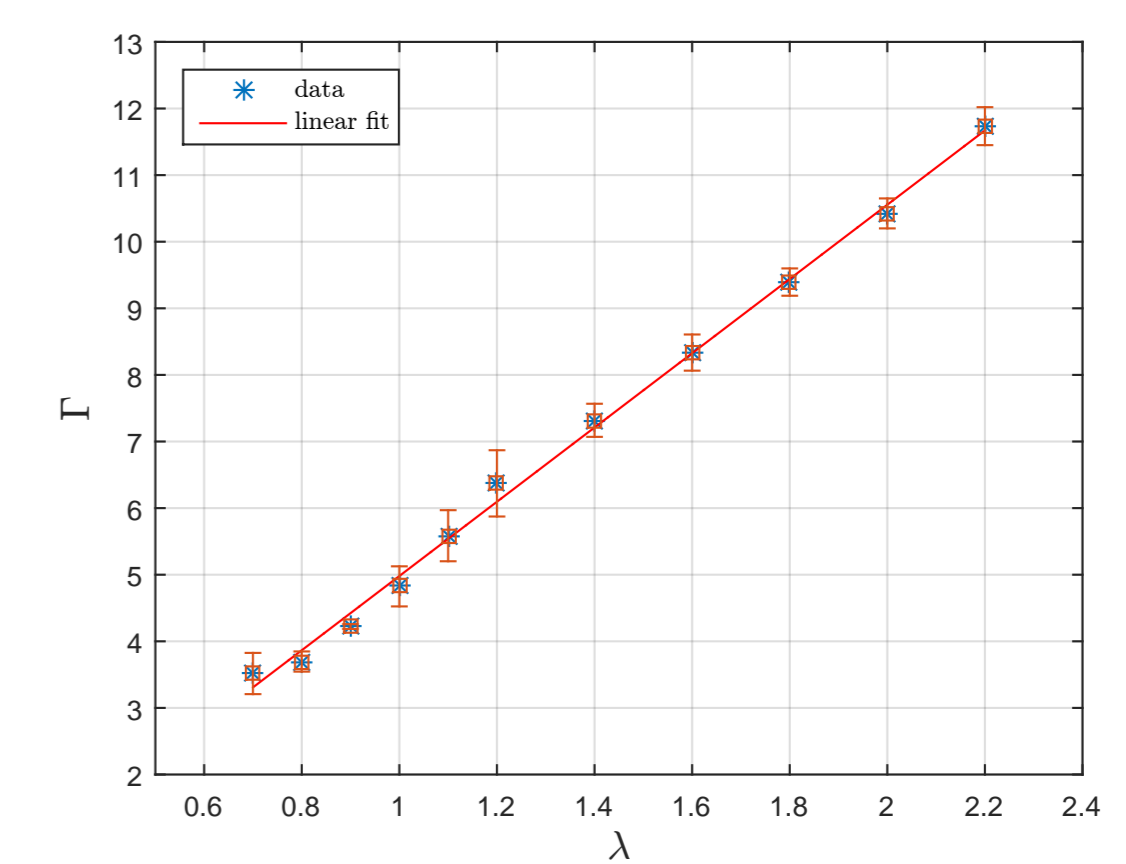


Figure 8: Decay rate  $\Gamma$  of  $\rho_{11}(t)$  in the Gaussian regime as a function of  $\lambda$

## CANONICAL THERMALIZATION

System size too small to test for subsystem state independence of a thermal state. Effects of subsystem initial state is not outweighed by size of bath, and equilibrium energy of bath different to initial bath energy, implying subsystem-bath coupling changes bath temperature at equilibrium. The subsystem is prepared initially in the ground state of energy  $-6J$ ; initial bath state is an equal-weights superposition of bath eigenstates ( $|b\rangle$ ) in energy window centred at  $E_b = -0.75J$  with a full width  $\delta_b = 3J$ .

► For  $\lambda = 1.8J$ , equilibrium bath energy is  $(-13.6262J)$ . At this mean energy, inverse temperature  $J\beta$  of bath derived from density of states of bath is 0.0689264. Subsystem energy levels are  $(-6J, 0J, 1.27J, 4.28J)$  and so the canonical thermal state (Boltzmann form) is  $\omega = \text{diag}(0.3648, 0.2413, 0.2143, 0.1796)$ . In this case,  $\rho(\infty) \approx \text{diag}(0.3378, 0.2486, 0.2192, 0.1943)$  (see Figure 9). Trace distance  $D = 0.5 \text{Tr} \sqrt{(\rho(\infty) - \omega)^2} = 0.03$ .

► For  $\lambda = J$ , equilibrium bath energy is  $(-12.8971J)$ , with an inverse temperature  $J\beta = 0.0652596$ . In this case,  $\omega = \text{diag}(0.3582, 0.2422, 0.2165, 0.1831)$  and  $\rho(\infty) = \text{diag}(0.3702, 0.2535, 0.2030, 0.1734)$  (see Figure 10). Trace distance  $D = 0.02$ .

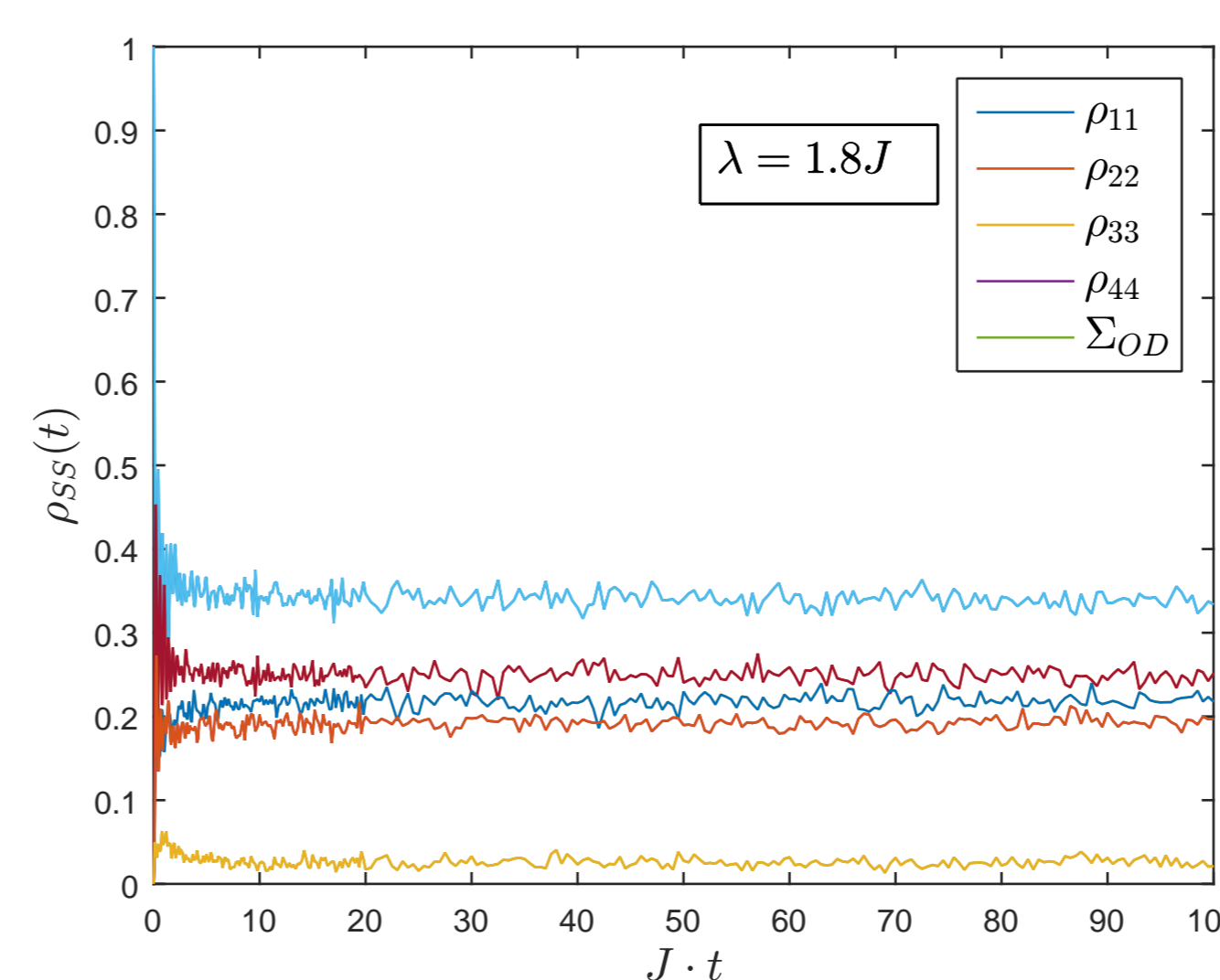


Figure 9: Relaxation of  $\rho(t)$  for  $\lambda = 1.8J$ , initial subsystem state  $\rho_{11}(0) = 1$

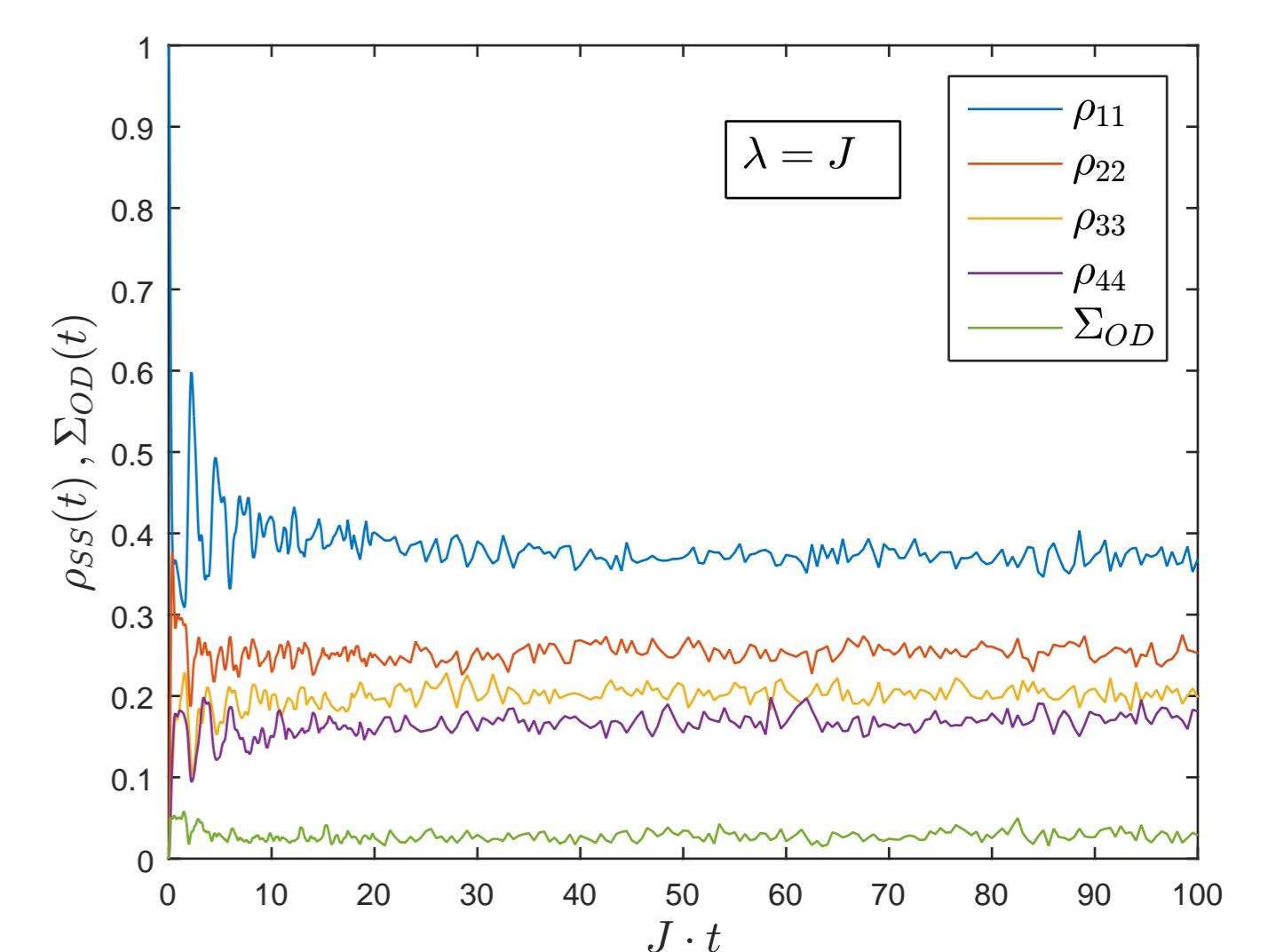


Figure 10: Relaxation of  $\rho(t)$  for  $\lambda = J$ , initial subsystem state  $\rho_{11}(0) = 1$

Trace distances  $D \leq 0.03$  for  $0.6 \leq \lambda \leq 2.0$ . Range of subsystem-bath couplings in which we see canonical thermalisation is remarkably similar to that observed in the Fermi-Hubbard ring of [2], which seems to indicate that the steady state results we derive are only dependent on the energy scales involved and not on the specifics of the model system considered.

## REFERENCES

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